



## Policy for doctors in New Zealand for postgraduate training in relation to working at nights

### Policy Statement

A doctor registered within a special scope of practice postgraduate training may not do night cover in the first three months of registration.

### Rationale

Council accepts that doctors training in New Zealand gain valuable experience and deliver a useful service role working on night cover. However Council's first priority is to ensure public health and safety and therefore these doctors must first have a period of orientation to work in New Zealand and induction in the service area they are working.

### Procedures

A doctor registered within a special scope of practice – postgraduate training:

- may not do night cover in the first three months in New Zealand
- may do night cover after this if the hospital can demonstrate:
  - effective backup and support is available within 10 minutes of receiving a call for assistance;
  - appropriate orientation is given beforehand;
  - several days of induction is given to acquire all the necessary skills;
  - clear written guidelines are provided on when it is appropriate to contact consultants with the understanding that consultants would rather be called unnecessarily than not at all;
  - the trainee knows how to summon help and can document adequately any approach made to an immediate clinical supervisor; and
  - the clinical supervisors are available, approachable, helpful and reasonable.
- must pass an ACLS course to the same level of proficiency required of

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New Zealand graduates authorised to practise within a provisional  
general scope of practice.

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Approved by Council: April 2006